

NEWSLETTER 12-07-06

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**NURSING PILOT PROJECT AT NORTHCOAST BEHAVIORAL HEALTHCARE**  
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**PILOT TITLE**  
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Kennedy NOSIE Pilot Project

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**BACKGROUND**  
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The Nursing Research Committee reviewed the Kennedy NOSIE (K NOSIE or Kennedy Nurses' Observation Scale for Inpatient Evaluation) and decided to pursue a pilot using the new tool to guide and evaluate nursing interventions on the Comprehensive Treatment Plans. This is an assessment tool designed for nurses to assess psychiatric inpatients and to determine their key problem behaviors that need to be addressed while hospitalized.

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**PILOT LOCATIONS**  
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The Pilot will be done on a total of six inpatient units at three separate locations that are a part of Northcoast Behavioral Healthcare (NBH) in Ohio.

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**PILOT GOALS**  
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THE PILOT WILL ASSESS THE ABILITY OF THE K NOSIE TO TRANSLATE PATIENT PROBLEM BEHAVIORS INTO:

- Scores that focus nursing energy on the main problems
- Measurable scores that help communicate what nursing staff is concentrating on to the team and effectiveness of the nursing plan

THE PILOT WILL ALSO ASSESS THE ABILITY OF THE K NOSIE TO:

- Provide NBH with a useful outcome measure of nursing interventions
- Guide assessment and treatment plans

- Empower nursing staff to collaborate with the rest of the team in team meetings
- Begin moving toward research oriented nursing practice

DURING THE IMPLEMENTATION, THE K NOSIE WILL BE USED TO:

- Identify patient problems that need to be addressed
- Communicate patient problems focused on by nursing to the team
- Track effectiveness of directed nursing interventions
- Communicate patient progress in identified problem areas

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### **TRAINING**

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The training will be based on the “Guide To The Kennedy Nurses’ Observation Scale For Inpatient Evaluation” and will include the use of PowerPoint slides.

THE K NOSIE WILL BE ON THE NBH WEB PAGE AND FEATURES INCLUDE:

- On unit score entry
- Automatic calculation of scores for the three positive categories on page one
 1. Social Competence
 2. Social Interest
 3. Personal Neatness
- Automatic calculation of scores for the three negative categories on page two
 4. Irritability
 5. Manifest Psychosis
 6. Motor Retardation
- Automatic calculation of the K NOSIE total
Range -76 to +28 (-76 <----Dysfunctional ----- Functional ----> +28)
- Cumulative tracking of K NOSIE scores on patient graph

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**PILOT EVALUATION**

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The Nursing Research Committee will track the process of the pilot, help staff problem-solve implementation issues and report progress of the pilot to the DON.

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**REQUESTS/COLLABORATION**

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If you would like to have your facility collaborate with NBH on this Pilot, please contact Dr. Kathy Anthony from the Department of Mental Health in Ohio at the following email addresses:

anthonyk@mh.state.oh.us

You can request a copy of the Kennedy NOSIE at www.kennedymd.com or directly from James Kennedy, MD at DrJKennedy@aol.com.

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**LETTERS TO THE EDITOR**

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LETTERS TO THE EDITOR ARE APPRECIATED

We would appreciate feedback (Letters/Emails to the Editor) on this pilot. We are also interested in feedback from other clinicians using the Kennedy NOSIE.

PS - Please click on "Reply" to this email to enter your Letter to the Editor or send your email separately to Dr. Kennedy at DrJKennedy@aol.com.

Best Wishes for the Christmas/Holiday Season,

The Staff at KennedyMD.com

Visit our website at: www.kennedymd.com